



Your Failure Story

Context/Background

- What was the setting?
- What were you doing?
- What was the time in your life?

The Challenge

- What was the goal you were trying to accomplish?
- What challenge or obstacle were you facing?
- Who else, if anyone, was involved?

Your Struggle

- What happened?
- How did you fail?
- Why was this difficult?

Lessons Learned

- How did you recover from the failure or push through the challenge?
- How did the experience change you?
- Looking back, what did you gain from the experience?
- How are you different today?

Listen to the *Failure Bites* Podcast at <https://www.niu.edu/niusteam/programs/stem-podcasts.shtml>

